

B E N ' S
UPSTAIRS
BRUNCH

BIG BEN'S STEAK & EGGS 21
10 oz. Angus strip steak topped w/herb butter,
2 eggs & home fries

MISS VIRGINIA'S OMELET 11
our classic fluffy 3 egg omelet w/your
choice of any three: onions, peppers, spinach, tomatoes,
cheddar, American, bacon, ham served with a
side of home fries and toast (white or wheat)
***Egg Whites available for 2**

AVOCADO TOAST V 9 **NEW**
fresh ripe avocado, scrambled eggs and
heirloom tomatoes on everything-wheat toast
with pesto kale sauce

SALMON CAKES 17
two delicately pan seared salmon cakes,
our signature tomato and onion relish, 2 eggs,
organic white cheese grits OR home fries

VANILLA FRENCH TOAST 12
our decadent brioche French toast is topped with
caramelized bananas, whipped mascarpone,
pecans & maple syrup

SUNRISE ENTREE SALAD V 14 **NEW**
this fresh organic blend combines shredded tricolor
carrots, cabbage, broccoli, kale & farro lightly
tossed with kale pesto vinaigrette
w/chicken 16
w/salmon 18

NEXT DOOR BIG BREAKFAST 13
3 eggs - any style
1 meat - bacon, turkey or veggie sausage
1 starch - home fries or organic white cheese grits
toast - white or wheat

CLASSIC FAVORITES

**BRINED FRIED CHICKEN &
BELGIUM WAFFLE 16**
Ben's succulent boneless breast, waffle

**SHRIMP & ORGANIC
WHITE CHEESE GRITS 18**
large shrimp sautéed w/tomatoes, shallots, saffron in
a white wine served on a bed of homemade organic
cheese grits & a parmesan garnish

SIGNATURE SALAD 11
locally sourced baby spinach, tomatoes, egg wedge,
blue cheese crumbles dried cranberries, candied
pecans & raspberry vinaigrette

ON THE SIDE

WAFFLE 6	ADD PROTEINS:
ORGANIC WHITE CHEESE GRITS 5	SHRIMP 9
HOME FRIES 4	SALMON 7
EGG WHITES 2	CHICKEN 5
TOAST 1.5	APPLEWOOD BACON 4
SINGLE EGG 1	SAUSAGE: Turkey or Veggie 4

SINGLE MIMOSA 8 substitute with pineapple juice 50¢

BOTTOMLESS MIMOSAS 17
Substitute with pineapple juice 1.50 per bottomless

COFFEE, HOT TEA, ICE TEA, SODA 3- free refills

HOUSE-MADE LEMONADE 4 (no refills)

Coca-Cola products available

V INDICATES VEGETARIAN

Consuming raw or undercooked meat, seafood, shellfish, or eggs may increase the risk of foodborne illness